

EVERYDAY FENG SHUI

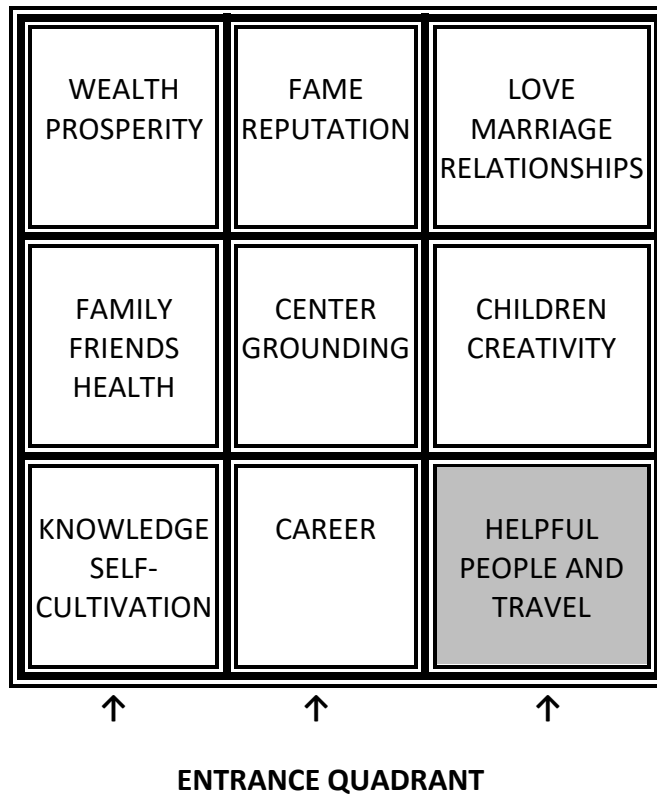
Feng Shui by Maria

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Gain Needed Support From Your Feng Shui Helpful People Area

My husband and I spent a few hours last weekend cleaning and organizing our garage. It happens to be in the Helpful People area of our home, and when we have projects, and plans which need supportive people's help we always look to sprucing it up. As it turns out, as soon as we were done, I immediately booked a consultation for a large home. As I'm in the process of editing and publishing my book "Empower Your Life with feng Shui," helpful people are especially important to me now.

Using the Feng Shui Bagua you can identify your Helpful People Area, and begin to access the energy from mentors, clients, customers, employees, or other helpful people in your life. The Feng Shui Bagua Map, represented as a grid of eight sectors, with the Center being the Grounding Force comes from the Chinese philosophy, "The I Ching," and literally means "eight trigrams." In the *I Ching*, the Helpful People and Travel area is called "Heaven." When everything is aligned, people and places give us the inspiration and guidance we need. This is total synchronicity . . . everything falling into the best place possible.



Interior Enhancements for the Helpful People and Travel Area of Your Home or Business (Choose One or More)

- Items in the colors white, black, or gray and circular in shape
- Art, photos, or figures pertaining to spiritual guides, mentors, or helpful people
- Photos or mementos of special places where you have traveled or want to travel
- Items made of metal such as furniture, lamps, frames, figurines
- Quotes, affirmations, and sayings pertaining to synchronicity, helpful people, and travel

Exterior Enhancements for the Helpful People and Travel Area (Choose One or More)

- Items and flowers in the color white
- Garden art representing spiritual guides (angels, saints, Buddhas, etc.)
- Rocks and stones

The elements for the **Helpful People and Travel** area are **Metal** and **Earth**. Representations of the Metal element such as rocks and natural crystals work well here, as do circular shapes and white, gray, and pastel colors. Adding representations of the Earth element such as ceramics, rectangular shapes, and earth tones works with the Metal element to enhance support.

What to Avoid in the Helpful People and Travel Area

- Too much of the color red, animal prints, and cone or triangle shapes representing the Fire element, which melts Metal
- Anything that blocks synchronicity such as piles of clutter, unopened mail, dead plants

A Missing Helpful People and Travel area:

If your Helpful People and Travel area is missing from your floor plan, you can anchor the area by doing one or a combination of the following cures: Anchor the missing area structurally using the Metal element wherever possible, such as building a trellis or deck, planting flowers in a flower garden or planter boxes in white, adding a large stone statue of a spiritual guide or placing a large rock on the corner, or a metal seating area. (This could be a beautiful meditation area). If the area outside is not accessible, you can symbolically anchor from the inside, and push the walls back, by hanging a 30 mm round faceted crystal, placing a mirror, and/or a picture representing helpful people or travel on the inside wall by the missing area.

Affirmations:

In Feng Shui, intent plays a significant role in enhancing any area of your home or business. That's why all enhancements need to be made with intentionality; written or stated affirmations expressed as if they are already happening are very important. Examples of affirmations for the Helpful People and Travel area: *"I constantly attract helpful, generous, loving people into my life", "I have wonderful clients who appreciate my consultations", "My book is published and well received."*

Feng Shui at Work:

A client recently bought a new home. She was thrilled because it was almost rectangular with the Wealth and Love Areas intact. She noticed that it was missing the Helpful People/Travel areas but at the time did not think much about it, being swept away by location, price and cuteness. Soon after it closed escrow everything started going wrong. Contractors weren't showing up, costs were more than expected, more things were breaking down, and problems also began occurring in her job, with her health insurance etc. Having studied Feng Shui she turned to it for help. She knew she had to anchor the area from both inside and out. Outside she anchored it with a large white flowering plant in a round white pot, and replaced a small dead tree with a beautiful blooming one surrounded by flowers. Inside she hung a round mirror and crystal to push the wall back, as well as a picture of a grey and white mountain. Within a month she was able to move in, renovate a rental unit for close to her budget, find a perfect renter and soon after was offered a lucrative new job.

I recently did a consultation at a large financial office. My client has just moved to the area and was anxious to build his team. Outside his office were a number of empty cubicles, awaiting his new staff and his office was a vacant canvas. Such fun!!! You entered his office through the Helpful People area, so we worked with the wall behind the door. Upon my recommendation, he installed a metal filing organizer on the wall in this area and filled it with grey file folders (one for each of the 8 he was to hire). He placed a white label on each and filled them with information regarding the organization. He had already hired one, so he included that one, placing her name on the label. He also included folders filled with business cards of mentors and recruiting agencies. I also advised him to place an affirmation in the files such as "I have the best, most diverse and productive team ever." In each of the empty cubicles. He has been on a hiring spree since the consultation and has over half of his team hired. He is on his way, and his business has been very successful.

In most homes, such as ours, the garage is in the right front corner. We know that in Feng Shui garages and closets count. Since this area is extremely powerful in making things happen in your life, it's imperative to keep your garage neat and clutter free. In our garage we hung a large round faceted crystal in the center, and placed travel pictures and pictures of our spiritual guides. We also created a vision board inside one of the closet doors with pictures and positive affirmations of what we want to have come into our lives. Outside, in a small flower garden by the garage we planted white flowers surrounding a small angel blowing toward our house. Whenever we feel that our synchronicity is off, and that we keep hitting stumbling blocks, or have large projects

looming which need support, I say, “Honey, it’s time to clean the garage.” We take a few hours to organize, dust, polish, sweep, and state our affirmations once again. We immediately feel the shift in energy, plus our garage is once again pleasing to look at.

Questions, Questions, Questions:

I encourage you to email me with questions, which I will respond to in this column or by email.

Reader: “When is the best time for a Feng Shui consultation?”

Dear Reader: “Just the fact that you’re asking indicates that you are ready for a consultation. One of the best reasons for a Feng Shui consultation is simply to get yourself “unstuck”. Feng Shui can reduce your stress, improve your sense of life balance, and support your health and prosperity. I recommend Feng Shui consultations at major life transition points like a home renovation or move, marriage, divorce, a new baby, moving into a new office, starting a business are all perfect opportunities to attract fresh, auspicious Ch’i energy into your life. An initial consultation, whether virtually or in person, takes approximately two hours and can have amazing results. In fact, many of my clients who are looking for homes send me the floorplans before purchasing, so I can advise them if the layout is conducive to good Feng Shui flow.”

Feng Shui CAN bring you all the support you need, and the Helpful People corner is a great place to begin.

For questions or home consultations email at mtmccull@aol.com and put “Feng Shui” on the subject line, or visit my website at www.fengshuibymaria.com, (where you can read past columns), or Facebook “Feng Shui by Maria”, where I post pictures as examples to enhancements.

* **Check out my BLOG** – Just go to the website and click on “Blog”: You can view many pictures and, I will respond to your questions quickly.

Until then...Blessings!

Maria McCullough is the owner / founder of ***Feng Shui by Maria*** (www.fengshuibymaria.com) and is a speaker and educator with over 20 years of experience. She specializes in residential, landscape and business consultations. She is a graduate of the Western School of Feng Shui and has personally trained with Terah Kathryn Collins, founder of the Western School of Feng Shui, specializing in Essential Feng Shui® and author of numerous books including “The Western Guide to Feng Shui.”