

EVERYDAY FENG SHUI

Feng Shui by Maria

May Column 2019

Creating Space for Love

I just celebrated a milestone birthday dancing the night away surrounded by friends and family. I felt surrounded by love. Then my husband took me to Carmel for a romantic weekend where I experienced even more love. As I move into my seventh decade, I feel blessed that my years of Feng Shui have helped me learn to create a healthy space for love in my life.

So how did I do it? It hasn't always been easy. Prior to discovering this way to enhance my life romance was a struggle. Then I learned that in Feng Shui there is a direct correlation between home and quality of life.

Here is how you can do it! The energy in your home can help you achieve your loving relationship goals. The Love and Marriage area is in the back-right corner of your home or office. Locating this area in your home using the Feng Shui Bagua map, assessing what is going on there, and making some easy enhancements will help you begin to create that loving space.

The Bagua

The Bagua comes from the Chinese philosophy, "The I Ching," and literally means "eight trigrams" with the center for grounding. In Feng Shui, the Love and Marriage is called "Receptive Earth" meaning that to truly love another person you must love yourself. Once you truly love yourself then you can open your heart and be totally receptive to your partner. It operates under the premise that loving relationships thrive on a dance of responsive yielding; each partner supporting and allowing the other to fully develop and express themselves. The same nurturing, supportive stance is taken when you fully love yourself. It is important to listen to what you need and then gladly give to yourself. When you love yourself, you become open to other loving relationships.

One of the best ways to honor and love yourself is to give yourself the gift of a warm, well balanced and decluttered home. When you take time to give yourself little gifts, it becomes so much easier to receive them from other people.

As we experience the rebirth of the spring season, ask yourself – "Are your romantic relationships everything you want them to be?"

In whichever room the Love and Marriage area resides, basic Feng Shui principles can help you nurture and strengthen yourself and your relationships, and even send out the energy to help you find your perfect soul mate.

Enhancements in this area are particularly helpful if: You want to attract a love relationship, you want to improve a relationship you are currently in, or you want to develop or improve a nurturing, healthy, happy relationship with yourself.

The element for this area is Fire, and the colors are red, pink or white. Representations of this element can be used inside and outside of your home or business.

WEALTH AND PROSPERITY	FAME AND REPUTATION	LOVE AND RELATIONSHIP
HEALTH, FAMILY AND FRIENDS	CENTER AND GROUNDING	CHILDREN AND CREATIVITY
KNOWLEDGE AND SELF- CULTIVATION	CAREER	HELPFUL PEOPLE AND TRAVEL
↑	↑	↑

ENTRANCE QUADRANT

Enhancements for the Love and Marriage area inside your home or business:

- * Photos, paintings, collages or figures depicting your significant other
- * Pairs of items (lovers, doves, hearts, candles, vases, figurines etc.)
- * Art with a romantic theme
- * Quotes, affirmations and sayings pertaining to love and marriage
- * Items that have a personal association to love and marriage (romantic vacations/honeymoon mementos)

Enhancements for the Love and Marriage area outside your home or business:

- * Garden art representing pairs
- * Items, flowers, plants in the color of the red spectrum
- * Bistro table with two chairs or a loveseat for two

A Missing Love and Marriage Area:

If your Love and Marriage area is missing from your floor plan – You can anchor the area by doing one or a combination of the following cures: planting a pair of large red flowering plants at the spot of the missing corner, planting a tree and hanging a wind chime representing a pair (hearts or lovebirds), placing a table and 2 chair set, or a large sculpture representing a loving pair. My husband and I have hugging stone frogs which we purchased on a romantic trip to Hawaii.

If the area outside is not accessible, you can symbolically anchor from the inside by hanging a 30 mm round faceted crystal, placing a mirror, and/or a picture of a romantic representation on the wall by the missing corner. If the missing area happens to be a parking lot, you can draw a small symbol of a heart in the exact location, closing off the corner.

Bedrooms:

The ideal location for a master bedroom is the far back right corner; unfortunately, not all homes are built this way. No matter in what Bagua area your master bedroom is located, it is still considered the most important room for Love and Marriage. So, as you decorate, declutter, and enhance based on its Bagua area, it is also important to incorporate bring in some of the red spectrum to bring in fire, pairs of items and romantic representations. Avoid filling it with stuffed animals, or pictures of your children and family. This area is dedicated to you and your significant other only.

If you are single and looking for a relationship, you should design the room as if two people are already living there. For example, make sure to use two nightstands, two lamps, and leave room in the closet. This signifies the intent that you want to share your life with your soul mate. I even suggested to one of my clients to hang two lush burgundy robes in the adjacent bathroom.

Walls should be any of the colors of natural skin tones; from light cream, pinks, peaches, to warm reds and dark browns. Because the feeling should evoke warmth, coziness and fire, blues, greens, whites, grey and black are too cool for bedroom walls.

Feng Shui at Work:

Houses tell a story. A client was looking for love, and although the rest of her life was working well, she was still single. At the consultation I discovered that although her bedroom was in the Love and Marriage area it was decorated in all blues and greens making it too cool for romance. We changed the bedspread to a beautiful red flower print with two red pillows, added romantic art and accented in pairs. On her vision board, facing the bed, we wrote "I am in a committed, loving relationship." She sent me a text testimonial: "Definitely have seen changes. I have a job that I love with a salary beyond what I thought possible. I am also in a very loving, committed relationship." (We had also enhanced her Career Area.) I love seeing how well Feng Shui works!

Another client had this area missing and placed a white bistro table with two red chairs, and a flowering pink azalea plant on the table directly on the outside corner. She told me that just after that small enhancement, she met a man who she has been with now for years and has even gone into business with him. The door to love opened for her!

Affirmations:

Remember that in Feng Shui, intent plays a significant role in enhancing any area of your home or business. That's why all enhancements need to be made with intentionality; written or stated affirmations which are expressed as if they have already happened are very important

Examples or affirmations for the Love and Marriage are: *"I attract, joy, love and intimacy into my life", "I love, respect and honor myself", "I am in a loving, committed relationship with my soul mate."*

With nature blooming new life in the environment, this is the perfect time to create a space in your home and life for a perfect relationship with your perfect mate. Enlist the energy in your environment to help you achieve your goals. Wishing you many loving blessings.

Classes:

I will be teaching a series of three classes, “Feng Shui for Prosperity” through Acalanes Adult Ed: (You too can be prosperous in love.)

Thursdays May 9-23 1:00-3:00 pm

You can register on line at acalanes.k12.ca.us/adulted (Participants will receive \$40 off a home consultation.)

For questions or home consultations email at mtmccull@aol.com and put “Feng Shui” on the subject line, or visit my website at www.fengshuibymaria.com, (where you can read past columns and learn more enhancement ideas), or **Facebook “Feng Shui by Maria”**, where I post pictures as examples to enhancements.

* Check out my **BLOG** – Just go to the website and click on “Blog”: You can view many pictures and, I will respond to your questions quickly.

Maria McCullough is the owner / founder of Feng Shui by Maria (www.fengshuibymaria.com) and is a speaker and educator with over 20 years of experience. She specializes in residential, landscape and business consultations. She is a graduate of the Western School of Feng Shui and has personally trained with Terah Kathryn Collins, founder of the Western School of Feng Shui, specializing in Essential Feng Shui® and author of numerous books including “The Western Guide to Feng Shui.”