

EVERYDAY FENG SHUI

Feng Shui by Maria
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Your Travel Dreams Realized with Feng Shui

“Life is either a daring adventure or nothing at all.” Helen Keller

Are you ready for adventure? What are your travel dreams? Many of my friends and clients are traveling now; Spain, Italy, France, Hawaii, Wales and all over the United States. We are blessed to be able to take another trip to Italy in the fall, this time exploring the Amalfi Coast. Did you know that Feng Shui, the ancient Chinese art that allows you to create harmony and balance throughout your environment, can also help you achieve your travel goals? The harmony and balance in your home will lend support to your life. When your life is supported through your environment it's much easier to achieve the things you want such as wellbeing, love and travel!

You achieve your goals when you focus clearly on what you want to accomplish and then act accordingly. The first step in Feng Shui is to use the Bagua map to locate the area in your home associated to travel, and then use the recommended enhancements and affirmations to drive your goals forward.

The Bagua

The Bagua comes from the Chinese philosophy, “The I Ching,” and literally means “eight trigrams” with the center for grounding. In the “I Ching” the Helpful People/Travel area of your home or business is located in the front right corner and is called “Heaven” because it is associated with the qualities of power, synchronicity, inspiration and confidence. The teaching reminds us that our lives are shaped by our actions. When everything is aligned, people and places give us the inspiration and guidance we need. There are many stories of people being at the right place at the right time, and their lives being transformed and enhanced by words or actions of those they met, or by traveling to a special place which changes their lives forever. This is total synchronicity.... everything falling into place

This area covers both Helpful People and Travel, therefore enhancements in this area are particularly helpful if: You to attract more mentors, clients, customers, employees or other helpful people in your life, if you would like to travel in general or go to a specific destination, or if you're planning to move to a new home or work location.

WEALTH AND PROSPERITY	FAME AND REPUTATION	LOVE AND RELATIONSHIP
HEALTH, FAMILY AND FRIENDS	CENTER AND GROUNDING	CHILDREN AND CREATIVITY
KNOWLEDGE AND SELF- CULTIVATION	CAREER	HELPFUL PEOPLE AND TRAVEL
↑	↑	↑

ENTRANCE QUADRANT

Enhancements for the Helpful People and Travel area inside your home or business:

- * Art, photos, figures pertaining to places where you have traveled/want to travel, spiritual guides and mentors
- * Items in colors of white, black or grey
- * Things made of metal such as furniture, lamps, candle holders, frames, figurines
- * Quotes, affirmations and sayings pertaining to travel

Enhancements for the Helpful People and Travel area outside your home or business:

- * Garden art reflecting spiritual guides (angels, Buddha, saints).
- * Items, flowers, plants in the color white
- * Natural rocks and stones
- * Circular or oval shapes
- * Items from your travels

A Missing Helpful People and Travel area:

If your Helpful People and Travel area is missing from your floor plan, you can anchor the area by doing one or a combination of the following cures: Anchor the missing area structurally using the metal element wherever possible, such as building a trellis or deck, planting flowers in a flower garden or planter boxes in white, adding a large stone statue of a spiritual guide or placing a large rock on the corner, or a metal seating area. (This could be a beautiful meditation area). If the area outside is not accessible, you can symbolically anchor from the inside by hanging a 30 mm round faceted crystal, placing a mirror, and/or a picture representing helpful people or travel on the inside wall by the missing area.

Feng Shui at work:

Two of my recent clients love to travel. As I walked through their homes, I was told the significance of each item and piece of art, and what far away lands each was from. Surrounding yourself with travel memories keeps the travel energy alive and produces such good Ch'i. All of these items were used to appropriately enhance each of the Bagua areas (romantic representations in the Love Area, children's art in Children and Creativity, floral art in the Health Area, etc.) but special ones reflecting future travels were placed in their front right areas; whether bathrooms, garages, laundry rooms, bedrooms etc. They will continue their love for travel and Feng Shui will help.

One of my first clients longed to see the Egyptian Pyramids. Her Travel Area was in her laundry room, so she began decorating it with Egyptian art, photos of the pyramids and affirmations about riding a camel and seeing the Nile. Her laundry room became a living collage and the energy flowed. She realized her trip a few years ago, and now the same area has pictures of her on a camel, by the pyramids and on the Nile. Where she'll go next can be just an enhancement away.

In most homes, such as ours, the garage is in the right front corner. We know that in Feng Shui garages and closets count. Since this area is extremely powerful in making things happen in your life, it's imperative to keep your garage neat and clutter free. In our garage we have hung a large round faceted crystal in the center and decorated it with numerous travel pictures. We also created a vision board inside one of the closet doors with pictures and positive affirmations of what we want to have come into our lives and places we want to visit in our travels. Outside, in a small flower garden by the garage we planted white flowers surrounding a small angel blowing toward our house. Whenever we feel that our synchronicity is off, and that we keep hitting stumbling blocks, I say, "Honey, it's time to clean the garage." We take a few hours to organize, dust, polish, sweep, and state our affirmations once again. We immediately feel the shift in energy, plus our garage is once again very pleasing to the eye. Remember that garages are a room in your home and need to be decorated, enhanced and kept as neat as the rest of the home!

The time to begin planning your next trip is now! Enhance, visualize, and pack your bags. You can't go wrong with Feng Shui as your co-pilot. Wishing you many happy adventures!

Affirmations:

Remember that in Feng Shui, intent plays a significant role in enhancing any area of your home or business. That's why all enhancements need to be made with intentionality; written or stated affirmations which are expressed as if they have already happened are very important.

Examples or affirmations for the Helpful People and Travel area:

"I travel as often as I like, to the places I want to visit." "I am sitting in a café in Paris."

"I am in the right place at the right time, and I meet all the right people."

Feng Shui on a Shoestring:

Feng Shui enhancements do not have to cost a great deal. Hanging travel pictures in the Travel area, and writing positive affirmations are an easy and inexpensive ways to begin the travel energy flowing.

For questions or home consultations email at mtmccull@aol.com and put “Feng Shui” on the subject line, or visit my website at www.fengshuibymaria.com, (where you can read past columns and learn more enhancement ideas), or **Facebook “Feng Shui by Maria”**, where I post pictures as examples to enhancements.

* Check out my **BLOG** – Just go to the website and click on “Blog”: You can view many pictures and, I will respond to your questions quickly.

Maria McCullough is the owner / founder of Feng Shui by Maria (www.fengshuibymaria.com) and is a speaker and educator with over 20 years of experience. She specializes in residential, landscape and business consultations. She is a graduate of the Western School of Feng Shui and has personally trained with Terah Kathryn Collins, founder of the Western School of Feng Shui, specializing in Essential Feng Shui® and author of numerous books including “The Western Guide to Feng Shui.”