EVERYDAY FENG SHUI

Feng Shui by Maria January Column 2021

New Beginnings for the New Year – Use Feng Shui to Find Your New Home

"It was a rigorous search but I finally got it down to two houses. The decision was easy; I let the Bagua guide me." After a few consultations my client's life had improved tremendously; she had a new love in her life, her law practice was booming and she had moved into a wonderful new office. She didn't want to make a mistake in buying her first home, and wisely chose to follow Feng Shui principles. Like this client, you want to feel that moving into a new place will enhance your life.

Buying a house can be an exciting experience, even if at times filled with fear and doubts. Applying Feng Shui to the process of buying a house is a wise investment on many levels; it will give you peace of mind, as well as assure that your house is a good financial investment. Good Feng Shui means good energy, and people are always attracted to it.

Feng Shui, the ancient Chinese art of using your environment to help you create peace and harmony in your life, is based on the concept of creating space for Ch'i, the positive energy to flow in.

Using the following checklist when looking for homes will lead you to achieving your life goals:

Outside of the house:

1. Location

Be sure your house receives good energy from its surroundings; a clean street, neighbors with well kept up homes, and nice front and back yard. You also want to try to have a pleasant view from the front of the house.

Avoid

Houses close to a power generator, utility pole transformer, or high tension wires: An electro-magnetic field within twenty-five to fifty yards of your home can be highly detrimental to the health and nervous system.

Houses close to excessive noise: The presence of loud noises will disturb rest, distract from work and effect intimacy.

River, rain water drainage ditch or roadway behind the house: River, rain water drainage ditch or roadway behind the house also weakens and undermines the stability of the house. Prosperity and good opportunities are easily "washed away".

2. Doors

The front door is very important in Feng Shui as this is the entrance of Ch'i or positive energy. Good colors for front doors are any shade or red, which signifies protection and prosperity, or black which signifies water and the flowing in of Ch'i, the life force energy. Ideally there would be a curved path leading to the front door. Even if the path is not curved, be sure that it can be lined with healthy flowers or plants, lights, or additional elements to create positive energy as you walk to your front door.

Avoid

Front doors that are blocked: The energy needs to enter freely. If the entry does have blockages, consider how much work it would take to these have removed.

A front door that is directly aligned with a back door or large picture window: When you open the front door, can you see straight out the back of the house through a large window or sliding glass door? In Feng Shui it is considered negative as it allows the energy to rush straight though the house resulting in a loss of "good energy." There are ways to slow down the energy, but the ideal house would have some walls in-between.

Inside the house:

1. Main Entrance and Foyer

The entrance foyer is one of the most important areas of your home. How well the house is able to maintain and nourish good energy is much determined by what is happening in the main entryway. Ideally you would want to see a pleasantly designed living room or hallway. If the first thing you see is a wall, place a beautiful piece of art or an arrangement that would lead the eye in the direction of the energy flow into the home. Avoid placing a mirror facing the entrance, as that would send the energy back out.

Avoid

Stairs directly pointing to your entrance: Stairs leading immediately up or down directly from your front door create a "river of Ch'i," flowing the energy away too fast. This is a particularly negative design in Feng Shui, and although there are corrections, it is best to avoid it all together.

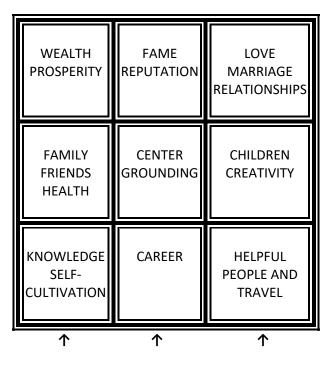
A bathroom as the first thing you see: Bathrooms are known to be drains on your Ch'i. They are not conducive to good energy if they are the first thing you see as you enter. Closet doors also indicate blockages.

2. Room Positioning and Shape of the House

The floor plan is very important when buying a new home. In Feng Shui the ideal shape for a home is rectangular with no missing areas. This way the energy remains in the house and each area of your life is nurtured. These areas, when missing from your home create an impact on your life and therefore it is important to use the Feng Shui Bagua map to analyze the shape or location of rooms of the home you are considering.

Using the Feng Shui Bagua

The Bagua comes from the Chinese philosophy, "The I Ching," and literally means "eight trigrams," with the center area being for grounding. Missing any of these areas in the layout of the floor plan will create a void of energy in that area.



ENTRANCE QUADRANT

The ideal location for a master bedroom is in the back right corner (the Love and Marriage area), kitchens work well in the center (the Grounding area of the home), children's rooms or craft rooms are auspiciously placed in the middle right area (Children and Creativity), home offices activate the Ch'i in the Fame (Back middle) or Career areas (Front middle). These are not hard and fast, because in Feng Shui all areas can be enhanced, but if you can begin with a house that already has a good structure you are that far ahead of the game.

Avoid

Extremely odd-shaped homes: The overall problem with odd-shaped houses is that they have no easily defined center and are therefore fragmented. They will also tend to have many missing areas.

A garage under the bedroom, or in the Love and Marriage Area: Garages are very active spaces therefore a bedroom situated over a garage also experiences the same level of activity and tends to disturb to one's sleep. Garages tend to also be harder to keep clean, uncluttered and organized.

A bathroom in the Wealth, or Relationship Area of the home: Bathroom in your Wealth or Partnership corners tend to act as drains and you may see both prosperity and relationships "go down" the toilet or down the drain. Given the importance of prosperity and the fragility of relationships, why not avoid these if you have a choice.

Feng Shui at Work (Examples of Problem Houses):

A client had rented an apartment with a bathroom in the wealth corner, and a wall with a heater in the career area. She also had an old yellow kitchen in the fame area, and a wood paneled cluttered office in her love area. As you can imagine, she hated her job and was unhappy in her relationship. As she was fortunately planning on moving, I offered suggestions of what to look for. She found a home with the master bedroom in the love corner, the second bedroom in wealth, a fireplace and patio in fame, and a beautiful entrance in her career area. With the Ch'i being able to flow effortlessly through her new home, her life changed quickly! She found a new job one week later that spring she met a wonderful man and fell in love.

Affirmations:

Remember that in Feng Shui, intent plays a significant role in enhancing any area of your home or business. That's why all enhancements need to be made with intentionality; written or stated affirmations, expressed as if they are already happening are very important. Examples or affirmations for acquiring the perfect home: "I found the perfect house with a floor plan that nurtures me," "I love my living room being in the Wealth corner, it is so elegant and prosperity is flowing in.""My bedroom in the Love and Marriage area is my romantic boudoir."

Classes:

I will be teaching a series of **three online classes** through Acalanes Adult Ed: "Feng Shui for Prosperity"

Thursdays, Jan. 14 - Jan. 28 1:00-3:00 pm

You can register online at <u>acalanes.k12.ca.us/adulted</u> (Participants will receive \$40 off a home consultation.) and I will see you on Zoom!!

* <u>Check out my BLOG</u> – Just go to the website and click on "Blog": You can view many pictures and, I will respond to your questions quickly.

Until then...Blessings!

Maria McCullough is the owner / founder of *Feng Shui by Maria* (www.fengshuibymaria.com) and is a speaker and educator with over 20 years of experience. She specializes in residential, landscape and business consultations. She is a graduate of the Western School of Feng Shui and has personally trained with Terah Kathryn Collins, founder of the Western School of Feng Shui,

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