

EVERYDAY FENG SHUI

Feng Shui by Maria

April 2017 Column

Life Full of Glitches? Look to Feng Shui Helpful People

Have you ever experienced that helpless feeling when everything seems to be going wrong?

Have you experienced people not returning your calls, estimates coming in higher than expected, things breaking down or getting lost? These are examples of your synchronicity being off. Can Feng Shui help solve problems? Absolutely! Look at the Helpful People Area of your house and with a few easy enhancements begin turning your energy around.

Here's a perfect example of missing synchronicity:

A client bought a new home and was thrilled because it was almost rectangular with the Wealth and Love Areas intact. She noticed that it was missing the Helpful People/Travel areas but at the time did not think much about it, being swept away by location, price and cuteness. Soon after it closed escrow everything started going wrong. Contractors weren't showing up, costs were more than expected, more things were breaking down; problems also began occurring in other aspects of her life as well, including her job, health insurance, child's daycare etc. She felt like she couldn't catch a break! Sound familiar?

How Feng Shui helped:

Having studied Feng Shui she turned to it for help. She knew she had to anchor the area from both inside and out. Outside she anchored it with a large white flowering plant in a round white pot, and replaced a small dead tree with a beautiful blooming one surrounded by flowers. Inside she hung a round mirror and crystal to push the wall back, as well as a picture of a grey and white mountain. (You'll learn the purpose of each of these corrections later in this article). Within a month she was able to move in, renovate a rental unit for close to her budget, find a perfect renter and soon after was offered a lucrative new job: Coincidence or solution?

A year later, surrounded by positive energy, she was able to purchase an even larger home for her family, and is once again putting her Feng Shui knowledge to work. Your environment definitely affects your life.

Yes, Feng Shui can help you solve problems.

Using the Feng Shui Bagua you can identify your Helpful People Area, and begin to access the energy for solutions to your problems: Attract mentors, clients, customers, vendors, employees or other helpful people in your life and/or create seamless moves to a new home or work location. The Feng Shui Bagua (Ba-gua) Map, from the Chinese philosophy, "The I Ching," meaning "eight trigrams" is represented as a grid of eight sectors, with the Center being the Grounding Force. In Feng Shui the Helpful People area of your home or business is associated with the qualities of power, synchronicity, inspiration and confidence. When everything is aligned, people and places give us the inspiration and guidance we need. This is total synchronicity....everything falling into place!

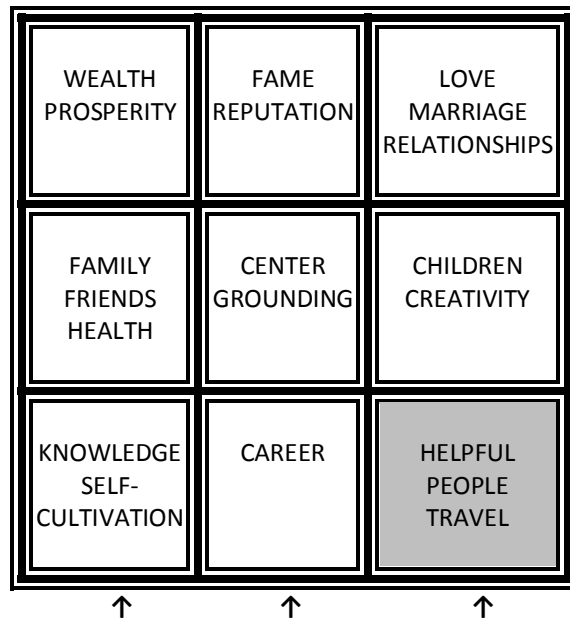
The Helpful People and Travel area is located in the front right corner of your home/office/business. It is governed by the Metal Element which is represented by anything metal or metal paint, the colors white or grey, natural stones and circular shapes. This is why in the example at the beginning of this column the person used a white blooming plant, white circular pot, a round mirror and a picture of a mountain with grey matting.

Enhancements for enhancing the Helpful People and Travel area inside your home or business:

- * Art, photos, collages or figures pertaining to spiritual guides, and/or mentors or helpful people
- * Items in colors of white, black or grey
- * Things made of metal – brass, steel, pewter, silver, gold, aluminum, copper etc.
- * Natural stones or representation of natural stones such as pictures of mountains
- * Special places where you have traveled or want to travel
- * Quotes, affirmations and sayings pertaining to Helpful People and Travel

Enhancements for enhancing the Helpful People and Travel area outside your home or business:

- * Garden art reflecting spiritual guides (angels, Buddha, saints).
- * Metal items, rocks and stones, circular or oval shapes
- * Items, and flowers in the color white
- * A flag with a white background if Helpful People is your entrance



ENTRANCE QUADRANT

A Missing Helpful People and Travel area:

If your Helpful People and Travel area is missing from your floor plan, you can anchor the area by doing one or a combination of the following cures: Anchor the missing area structurally using the metal element wherever possible, such as building a trellis or deck, planting flowers in a flower garden or planter boxes in white, adding a large stone statue of a spiritual guide or placing a large rock on the corner, or a metal seating area. (This could be a beautiful meditation area). If the area outside is not accessible, you can symbolically anchor from the inside, and push the walls back, by hanging a 30 mm round faceted crystal, placing a mirror, and/or a picture representing helpful people or travel on the inside wall by the missing area.

Affirmations:

In Feng Shui, intent plays a significant role in enhancing any area of your home or business. Enhancements need to be made with intentionality; written or stated affirmations are very important, as is for them to be expressed as if they have already happened. Examples of affirmations for the Helpful People and Travel area: *“I have a team of people who support me.” “Contractors are efficient and work is completed efficiently under estimate.”*

Feng Shui CAN be the solution to some of your problems, and the Helpful People corner is a great place to begin.

Feng Shui at Work:

I did a consultation at a large financial office. My client has just moved to the area and was anxious to build his team. Outside his office were a number of empty cubicles, awaiting his new staff and his office was a vacant canvas. Such fun!!! You entered his office through the Helpful People area, so we worked with the wall behind the door. Upon my recommendation, he installed a metal filing organizer on the wall in this area and filled it with grey file folders (one for each of the 8 he was to hire). He placed a white label on each and filled them with information regarding the organization. He had already hired one so he included that one, placing her name on the label. He also included folders filled with business cards of mentors and recruiting agencies. I also advised him to place an affirmation in the files such as “I have the best, most diverse and productive team ever.” In each of the empty cubicles I recommended placing a small Five Element Display (see <http://www.fengshuibymaria.com/newspaper-columns.html> September 2011). He has been on a hiring spree since the consultation, and has over half of his team hired. He is on his way!!!

In most homes, such as ours, the garage is in the right front corner. We know that in Feng Shui garages and closets count. Since this area is extremely powerful in making things happen in your life, it’s imperative to keep your garage neat and clutter free. In our garage we have hung a 50 mm round faceted crystal in the center, and placed travel pictures and pictures of our spiritual guides. We also created a vision board inside one of the closet doors with pictures and positive affirmations of what we want to have come into our lives. Outside, in a small flower garden by the garage we planted white flowers surrounding a small angel blowing toward our house. Whenever we feel that our synchronicity is off, and that we keep hitting stumbling blocks, we take a few hours to organize, dust, polish, sweep the garage, and state our affirmations once again. We immediately feel the shift in energy, plus our garage is pleasing to look at.

Feng Shui on a Shoestring:

Feng Shui enhancements do not have to cost a great deal. Hanging a flag, cleaning the area, and perhaps refreshing with a coat of paint are fairly easy fixes. What are you waiting for?

For questions or home consultations email at mtmccull@aol.com and put "Feng Shui" on the subject line, or visit my website at www.fengshuibymaria.com, (where you can read past columns), or Facebook "Feng Shui by Maria", where I post pictures as examples to enhancements.

* Check out my BLOG – Just go to the website and click on "Blog": You can view many pictures and, I will respond to your questions quickly.

COME TO MY NEXT CLASS and Receive \$40 Off a Home Consultation

My next class will be a series of three two hour classes with practical instruction on Feng Shui principles, enhancing the Bagua in your home and Balancing the Elements.

Tuesdays April 11, 18, 25 - 1:00-3:00 pm

Contact Acalanes Adult Education to register: 925-280-3980 (8001) www.acalanes.k12.ca.us/adulted

Maria McCullough, is the owner / founder of Feng Shui by Maria (www.fengshuibymaria.com) and is a speaker and educator with over 20 years of experience. She specializes in residential, landscape and business consultations. She is a graduate of the Western School of Feng Shui and has personally trained with Terah Kathryn Collins, founder of the Western School of Feng Shui, specializing in Essential Feng Shui® and author of numerous books including "The Western Guide to Feng Shui."