

**EVERYDAY FENG SHUI**  
Feng Shui by Maria  
April Column for the Benicia Herald

**Let Helpful People be the Solution to Your Problems**

Can Feng Shui help solve problems?

Problem: A client recently bought a new home. She was thrilled because it was almost rectangular with the Wealth and Love Areas intact. She noticed that it was missing the Helpful People/Travel areas but at the time did not think much about it, being swept away by location, price and cuteness. Soon after it closed escrow everything started going wrong. Contractors weren't showing up, costs were more than expected, more things were breaking down, and problems also began occurring in her job, with her health insurance etc....

Solution: Having studied Feng Shui she turned to it for help. She knew she had to anchor the area from both inside and out. Outside she anchored it with a large white flowering plant in a round white pot, and replaced a small dead tree with a beautiful blooming one surrounded by flowers. Inside she hung a round mirror and crystal to push the wall back, as well as a picture of a grey and white mountain. (You'll learn the purpose of each of these corrections later in this article). Within a month she was able to move in, renovate a rental unit for close to her budget, find a perfect renter and soon after was offered a lucrative new job: Coincidence or solution?

Yes, Feng Shui can help you solve problems.

Using the Feng Shui Bagua you can identify your Helpful People Area, and begin to access the energy for solutions to your problems; to attract mentors, clients, customers, employees or other helpful people in your life, create opportunities for travel, or create seamless moves to a new home or work location. The Feng Shui Bagua (Ba-gua) Map, represented as a grid of eight sectors, with the Center being the Grounding Force comes from the Chinese philosophy, "The I Ching," and literally means "eight trigrams." In the "I Ching" the Helpful People area of your home or business is associated with the qualities of power, synchronicity, inspiration and confidence. When everything is aligned, people and places give us the inspiration and guidance we need. There are many stories of people being at the right place at the right time, and their lives being transformed and enhanced by words or actions of those they met; or by visiting a special place which changes their lives forever. This is total synchronicity....everything falling into place!

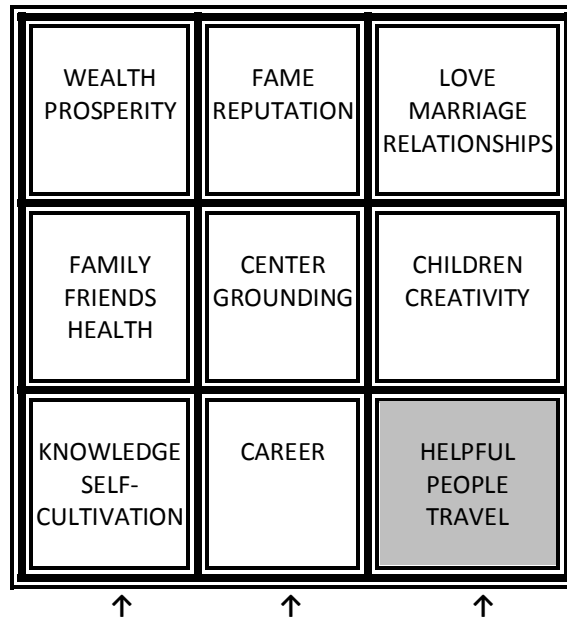
The Helpful People and Travel area is located in the front right corner of your home/office/business. It is governed by the Feng Shui Element Metal which is represented by anything metal or metal paint, the colors white or grey, natural stones and circular shapes. This is why the intuitive person at the beginning of this column used a white blooming plant, white circular pot, a round mirror and a picture of a mountain with grey matting.

Enhancements for enhancing the Helpful People and Travel area inside your home or business:

- \* Art, photos, collages or figures pertaining to spiritual guides, and/or mentors or helpful people
- \* Items in colors of white, black or grey
- \* Things made of metal – brass, steel, pewter, silver, gold, aluminum, copper etc.
- \* Natural stones or representation of natural stones such as pictures of mountains.
- \* Special places where you have traveled or want to travel
- \* Quotes, affirmations and sayings pertaining to Helpful People and Travel

Enhancements for enhancing the Helpful People and Travel area outside your home or business:

- \*Garden art reflecting spiritual guides (angels, Buddha, saints).
- \* Metal items, rocks and stones, circular or oval shapes
- \* Items, flowers, plants in the white



**ENTRANCE QUADRANT**

A Missing Helpful People and Travel area:

If your Helpful People and Travel area is missing from your floor plan, you can anchor the area by doing one or a combination of the following cures: Anchor the missing area structurally using the metal element wherever possible, such as building a trellis or deck, planting flowers in a flower garden or planter boxes in white, adding a large stone statue of a spiritual guide or placing a large rock on the corner, or a metal seating area. (This could be a beautiful meditation area). If the area outside is not accessible, you can symbolically anchor from the inside, and push the walls back, by hanging a 30 mm round faceted crystal, placing a mirror, and/or a picture representing helpful people or travel on the inside wall by the missing area.

Affirmations:

In Feng Shui, intent plays a significant role in enhancing any area of your home or business. That’s why all enhancements need to be made with intentionality; written or stated affirmations are very important. It is also important for them to be expressed as if they are already happening. Examples of affirmations for the Helpful People and Travel area: *“I constantly attract helpful, generous, loving people into my life”, “I am in the right place at the right time, and I meet the right people at the right time”, “Contractors are efficient and work is completed efficiently under estimate.”*

Feng Shui CAN be the solution to some of your problems, and the Helpful People corner is a great place to begin.

Feng Shui at Work:

I recently did a consultation at a large financial office. My client has just moved to the area and was anxious to build his team. Outside his office were a number of empty cubicles, awaiting his new staff and his office was a vacant canvas. Such fun!!! You entered his office through the Helpful People area, so we worked with the wall behind the door. Upon my recommendation, he installed a metal filing organizer on the wall in this area and filled it with grey file folders (one for each of the 8 he was to hire). He placed a white label on each and filled them with information regarding the organization. He had already hired one so he included that one, placing her name on the label. He also included folders filled with business cards of mentors and recruiting agencies. I also advised him to place an affirmation in the files such as “I have the best, most diverse and productive team ever.” In each of the empty cubicles I recommended placing a small Five Element Display (see <http://www.fengshuibymaria.com/newspaper-columns.html> September 2011). He has been on a hiring spree since the consultation, and has over half of his team hired. He is on his way!!!

In most homes, such as ours, the garage is in the right front corner. We know that in Feng Shui garages and closets count. Since this area is extremely powerful in making things happen in your life, it's imperative to keep your garage neat and clutter free. In our garage we have hung a large round faceted crystal in the center, and placed travel pictures and pictures of our spiritual guides. We also created a vision board inside one of the closet doors with pictures and positive affirmations of what we want to have come into our lives. Outside, in a small flower garden by the garage we planted white flowers surrounding a small angel blowing toward our house. Whenever we feel that our synchronicity is off, and that we keep hitting stumbling blocks, I say, "Honey, it's time to clean the garage." We take a few hours to organize, dust, polish, sweep, and state our affirmations once again. We immediately feel the shift in energy, plus our garage is once again pleasing to look at.

#### Feng Shui on a Shoestring:

Feng Shui enhancements do not have to cost a great deal. This is a great time to remove dead plants and replace them with inexpensive cell packs of annuals. A client told me she planted purple flowers in her wealth area and received a check she was waiting for, at an even larger amount. What are you waiting for?

#### Questions, Questions, Questions:

I encourage you to email me with question, which I will respond in this column or by email.

Reader: "When is the best time for a Feng Shui consultation?"

Dear Reader: "Just the fact that you're asking indicates that you are ready for a consultation. One of the best reasons for a Feng Shui consultation is simply to get yourself "unstuck". Feng Shui can reduce your stress, improve your sense of life balance, and support your health and prosperity. I recommend Feng Shui consultations at major life transition points like a home renovation or move, marriage, divorce, a new baby, moving into a new office, starting a business are all perfect opportunities to attract fresh, auspicious Ch'i energy into your life. An initial consultation takes approximately two hours and can have amazing results."

For questions or home consultations email at [mtmccull@aol.com](mailto:mtmccull@aol.com) and put "Feng Shui" on the subject line, or visit my website at [www.fengshuibymaria.com](http://www.fengshuibymaria.com), (where you can read past columns), or Facebook "Feng Shui by Maria", where I post pictures as examples to enhancements.

\* Check out my BLOG – Just go to the website and click on "Blog": You can view many pictures and, I will respond to your questions quickly.

#### Maria McCullough – Bio

Maria McCullough, a Benicia resident, is the owner / founder of Feng Shui by Maria ([www.fengshuibymaria.com](http://www.fengshuibymaria.com)) and is a speaker and educator with over 20 years of experience. She specializes in residential, landscape and business consultations. She is a graduate of the Western School of Feng Shui and has personally trained with Terah Kathryn Collins, founder of the Western School of Feng Shui, specializing in Essential Feng Shui® and author of numerous books including "The Western Guide to Feng Shui."

