

EVERYDAY FENG SHUI

Feng Shui by Maria

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Welcome Summer with a Feng Shui Tune Up

Summer is a natural time for renewal, relaxation, travel and home projects. With the kids out of school, and fresh plans taking place, a Feng Shui consultation can help align your space with the life you want to create.

Feng Shui, the ancient art of achieving your goals through your environment, originated in China over 3,000 years ago with practitioners searching for harmonious spaces. The purpose of Feng Shui is to create conditions which keep the Ch'i energy flowing all around us, creating an environment free of stress and open to new opportunities. The home becomes a vehicle for transformation.

They created a grid map with eight sectors around a center, that identified the areas in the home that correspond to the most significant areas of their lives: Career; Knowledge and Self-Cultivation; Health, Family, and Friends; Wealth and Prosperity; Fame and Reputation; Love, Marriage, and Relationships; Children and Creativity; Helpful People and Travel; and Centering/Grounding. They called this map the "Bagua," which literally means "eight trigrams," with the center for grounding.

By signing up for a Feng Shui consultation, you can apply what was learned from the ancient teachings to your home or business in a few simple steps.

Two types of consultations to address your personal needs.

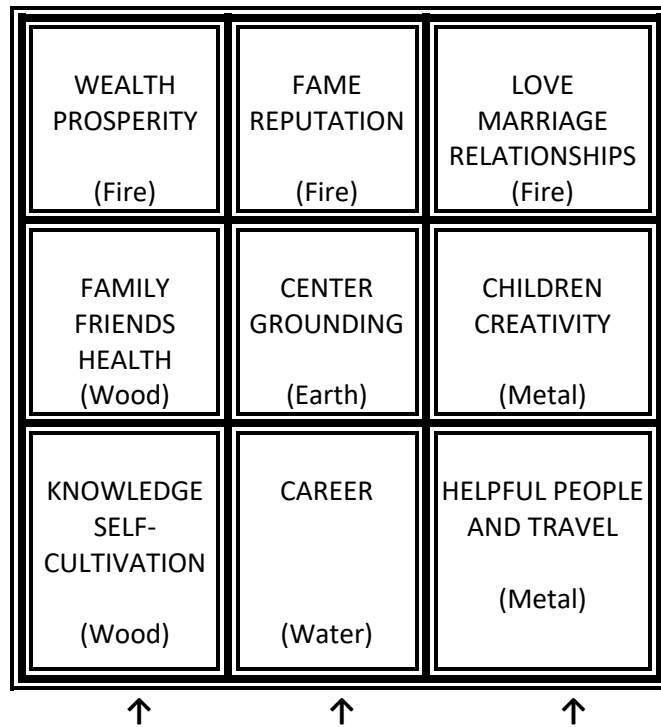
- 1) A Feng Shui consultation in your home lasts about 2 hours. I will talk to you one-on-one about the areas of your life you wish to improve, and the goals you are trying to achieve. During the consultation I will incorporate two very important aspects of Feng Shui: The Bagua Map and the Five Elements. Both are essential in receiving the most positive results.
- 2) A virtual consultation can also be done by phone and computer. You would email me a drawing of the layout of your home and pictures of each room. I would overlay the Bagua map over your home's layout beginning at your front door, and after setting up a time for a phone consultation, we would virtually walk through your home incorporating the enhancements based on the Bagua Map to help you achieve your goals.

In both cases you would receive a written report, and unlimited follow-up support to your questions.

By the end of the consultation, you will have a clear step-by-step list of ways that you can activate the flow of energy in your home to improve your life. You will be shocked at how quickly simple modifications in your home, and in your mind-set will help you make positive and impactful changes in your life.

The Bagua in a Consultation

Overlaying this grid over the layout of your home, rooms should take on the qualities of the Bagua area in which they reside.



ENTRANCE QUADRANT

In a consultation, recommendations will be made to incorporate the following enhancements to each area:

CAREER - Are you looking to make changes in your career?

- Colors: black or very dark colors
- Shapes: asymmetrical
- Items: glass or crystal, mirrors, career images, symbols
- Art: depicting water scenes, flowing water such as rivers, waterfalls, oceans

KNOWLEDGE AND SELF-CULTIVATION - Are you a student, in counseling, or do you want to develop a more peaceful mind or lifestyle?

- Colors: blues, greens, black
- Shapes: vertical stripes
- Symbols: mountains, enlightenment
- Items: made of wood, plants with soft leaves, symbols of knowledge such as books, spiritual guides
- Art: depicting forest scenes, nature scenes, mountains, peaceful places

HEALTH, FAMILY, AND FRIENDS - Does your health need a boost or are you recovering from surgery? Would you like your social life or relationships with your family to improve?

- Colors: blues, greens
- Shapes: stripes, columns
- Items: floral arrangements, items in wood, photos of family, friends representing perfect health
- Art: depicting vibrant flowers

WEALTH AND PROSPERITY - Do you need to generate more cash flow in your life, or do you want to be more aware of the flow of abundance in your life in general?

- Colors: purple, blue, red
- Shapes: cones, triangles
- Symbols: wealth, abundance, such pictures of lavish houses, boats, cars, family heirlooms
- Items: items that “call the Ch’i,” such as flags, wind chimes, whirligigs, flowing water features
- Art: depicting wealth or items you wish to purchase; art in shades of purple

FAME AND REPUTATION - Would you like more recognition at home or at work?

- Colors: reds
- Shapes: cones, triangles
- Symbols: depicting fame [such as?]
- Items: diplomas, awards, and acknowledgments, up lighting, inspirational sayings
- Art: depicting animals, people, fire, the sun; personal images

LOVE, MARRIAGE, AND RELATIONSHIPS - Do you want to attract a soul mate or improve your love life?

- Colors: reds, pinks, white
- Shapes: cones, triangles
- Symbols: hearts, love, receptivity
- Items: candles, lovebirds, vases in pairs
- Art: objects, paintings, drawings, or photos depicting your significant other or romance

CHILDREN AND CREATIVITY - Are you trying to get pregnant, would like to improve your relationship with your children, or want to explore your inner child and creativity?

- Colors: white and pastels
- Shapes: curves and circles
- Items: creative images, whimsical items, toys, art craft supplies, photos of children, metal objects
- Art: whimsical art or art made by children

HELPFUL PEOPLE AND TRAVEL - Would you like more synchronicity in your life, or would you like to travel?

- Colors: white, black, gray
- Shapes: curves, circles
- Symbols: sky, flight, light, time
- Items: spiritual images and symbols; metal, natural rocks, stone, and things that remind you of travel
- Art: depicting spiritual guides, or desired travel locations, pictures of mountains (offering support)

CENTER/GROUNDING - Would you like to feel more grounded and peaceful?

- Colors: yellow, earth tones
- Shapes: squares, rectangles
- Items: ceramics, tiles, bricks
- Art: anything depicted in earth tones such as deserts, wheat fields, yellow trees, sunflowers

Affirmations:

In Feng Shui, intent plays a significant role in enhancing any area of your home or business. That’s why all enhancements need to be made with intentionality; written or stated affirmations written as if they already happened are very important. Examples or affirmations: *“I have found my soul mate.” “I am thriving in my dream job.” “My bucket list trip is fabulous.”*

Feng Shui at Work – Two Testimonials from Clients

“Hi Maria!! Oh, my goodness things are definitely starting to flow around here. While I’d like to give my husband credit for his hard work, I can’t help but connect it to the changes we’ve made with Feng Shui. He has more than tripled his annual income in the last few months!!! I am in shock really. We haven’t even finished our changes either. I just want to thank you so much for all your expertise and input. This is unreal. My husband kept announcing these huge settlements the last few weeks to our family and my 13-year-old son who had been making fun of my hanging crystals said- “ok mom, maybe those crystals do really work!”

“Working with Maria has enhanced both my personal and professional life. I have learned so much during her consultation and she has been very present during all my follow-up questions or need for further clarification. I could feel that Maria really cares and is coming from the place of integrity, deeper love and very solid knowledge about the energy flow in the spaces. My physical place feels much more like a cozy and warm home now, like a loving nest that supports me and enhances all my project. I noticed that my relationship with my fiancée turned into even more tender and intimate level. I truly enjoy spending time at my home now and I am looking forward to working with Maria on my office space at work.”

This can be you. Begin this summer! Doors that appear to be closed can “blow” open. By applying the Feng Shui principles illustrated during your consultation, you will help focus your attention on creating meaningful changes in your life. It works!

For questions or home consultations email at mtmccull@aol.com and put “Feng Shui” on the subject line, or visit my website at www.fengshuibymaria.com, (where you can read past columns), or Facebook “Feng Shui by Maria”, where I post pictures as examples to enhancements.

My book (which I call a Feng Shui consultation in a book) is available for purchase on my website, Bookshop Benicia, and Benicia Main Street.

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* **Check out my BLOG** – Just go to the website and click on “Blog”: You can view many pictures and, I will respond to your questions quickly.

Until then...Blessings!

Maria McCullough is the owner / founder of **Feng Shui by Maria** (www.fengshuibymaria.com) and is a speaker and educator with over 20 years of experience, and now author of the book, **“Empower Your Life Through Feng Shui – An Easy Eight Step Guide to achieving Your Goals.”** She is a graduate of the Western School of Feng Shui and has personally trained with Terah Kathryn Collins, founder of the Western School of Feng Shui, specializing in Essential Feng Shui® and author of numerous books. Maria specializes in residential, landscape and business consultations. She offers virtual consultations nationally and internationally, as well as in person locally.